

### Community Counselling Centre of London

### VISION and MISSION

Provide affordable counselling services to people who need it in the Argyle neighbourhood, the City of London and beyond.

Provide quality training and clinical placement hours to therapist interns under direct supervision.



### Two-fold vision



To provide affordable counselling services to people with limited income.

To train therapist interns to provide quality counselling under direct supervision

This Photo by Unknown Author is licensed under CC BY-SA

#### VALUES

- All people have worth and value.
- All people deserve to be treated with dignity and respect.
- All people deserve access to affordable counselling services.



### Launched on Sept 3, 2019, the CCCL is now 3 years old!



#### Community Counselling Centre of London





# We have grown, thrived, expanded...

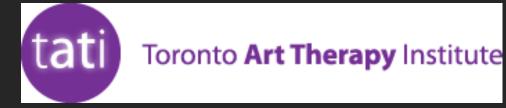
Seven essential ingredients that contribute to our success:

- 1. Therapist Interns
- 2. Internship Partners
- 3. Supervisor-Educators
- 4. Community Partners
- 5. Staff
- 6. Board of Directors
- 7. Supporters, Volunteers and Donors

All in service of supporting CLIENTS!!!!



### 3. Internship Partners

















EMMANUEL COLLEGE of victoria university in the university of toronto



#### 1<sup>st</sup> cohort





#### September 2019 – April 2020

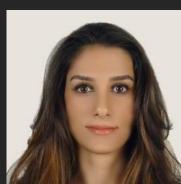
#### 2nd cohort





#### 2nd cohort May – December 2020









#### 3<sup>rd</sup> cohort





#### 3rd cohort January – August 2021



#### 4<sup>th</sup> cohort



Zoom Meeting



P

0

x 🔜

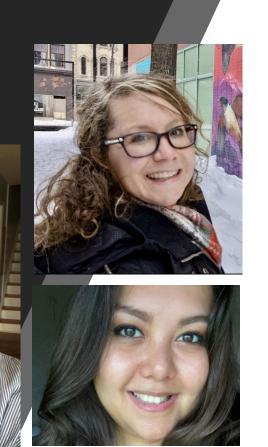
September 2021 – April 2022

0

### 5<sup>th</sup> cohort









#### May – December 2022



3. Supervisor-Educators New in Sept 2022 – a concurrent cohort started under the supervision of Philip Tse



6th cohort Sept 2022 – April 2023

#### 4. Community Partnerships:

- Good News Church
- Patricia Berendsen & Associates, Trauma Healing Centre of London
- Argyle Basic Needs Group
- Youth Opportunities Unlimited Career Services
- Ark Aid Street Mission

#### 🛧 GOOD NEWS CHURCH











## 4. Community Partnerships:

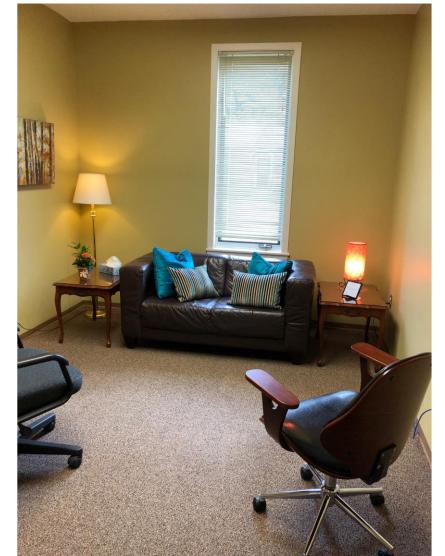
- Fanshawe College
- LEADS Employment
  Services
- Renew Community Store
- El Sistema South London
- Trivitt Memorial Anglican Church, Exeter
- London Chamber of Commerce



# 4. Community PartnersCommunity Counselling Exeter,New in Nov 2021







5. Staff New in Nov 2021 – Lynn Van Leeuwen, Executive Administrator





#### 5. Staff–Jonathon Sibley Administrative Assistant





6. The Board of Directors Kendra Wassink, Chair until end of Nov. Rev. Jim Innes, Vice-Chair Patricia Berendsen, Clinical Director Parish Bhumgara, Treasurer Nadine Hiemstra, Board Administrator



of London

# 7. Supportors, Volunteers and Donors



# We have grown, thrived, expanded...

Seven essential ingredients that contribute to our success:

- 1. Therapist Interns
- 2. Internship Partners
- 3. Supervisor-Educators
- 4. Community Partners
- 5. Staff
- 6. Board of Directors
- 7. Supporters, Volunteers and Donors

All in service of supporting CLIENTS!!!!



#### Clients (2020 stats):

- 74 total clients
- 755 total visits
- 93% Client retention



#### Clients (2021 stats):

- 137 total clients
- 1171 total visits
- 93% Client retention



Clients (2021 stats):

 92% of our clients received fully or partially subsidized sessions.



# Clients (2022 stats to date):

 1848 total client sessions (has increased from 755 sessions in 2020 and 1171 sessions in 2021)



# What makes our services unique?

- Unlimited sessions
- Trauma-informed practice of offering 90 minute sessions
- Sessions by phone, video or in-person



Alida van Dijk, PhD, RP Executive Director <u>alida@communitycounsellinglondon.com</u> <u>www.communitycounsellinglondon.com</u>

The Board:

Kendra Wassink, Chair Rev. Jim Innes, Vice-Chair Patricia Berendsen, Clinical Director Parish Bhumgara, Treasurer Nadine Hiemstra, Board Administrator





### Community Counselling Centre of London